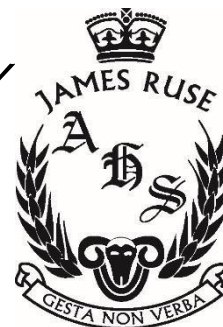


James Ruse Agricultural High School

NEWSLETTER

Web Site <https://jamesruse-h.schools.nsw.gov.au>



Issue 31 of 2018

Friday 2 November 2018

Principal's report

We are now half way through our HSC exams, our students are performing well taking each exam and new challenge in their stride. It is very important that parents keep insisting on sleep, some relaxation time and lovely food. Thank you to the many parents who have been dropping off and picking up their children - it is really lovely to see and is so reassuring for the student.

I would like to acknowledge some amazing HSC success already achieved. We have a record number of students nominated to be included in ENCORE, HSC Music's celebratory concert and exhibition.

Congratulations to

Eunice Cheng (11)
Leona Jiao (12)
Brian Lei (11)
Kevin Jing Han Li (11)
Anna Liu (12)
Edwin Xu (11)
Elton Zi Xian Yang (12)

ENCORE will be held in the Concert Hall of the Sydney Opera House on Monday 18 February 2019.

Congratulations also to our talented HSC Drama Cohort for 2018! All of their work was inventive, original and pushed creative intelligence. Two students received a nomination for OnStage for their Individual Performances which is very exciting!

Aletheia Yosaviera - Work/Love Balance
George Lu - The Bard's Will

Both of these students devised original scripts for their Individual Performances. Aletheia tackled the 'myth' of work/life balance in a very funny piece which saw her create a snowflake costume for her daughter's dance recital out of office materials. George's amazing fascination for and deep knowledge of Shakespeare was brought to life and we witnessed the Bard's complex journey through the use of physical theatre.

Last Friday was Teacher Appreciation Day - it was lovely to receive a message of appreciation from our P&C. It is so important that we value the work our inspirational teachers do and support them as they work with dedication to ensure your children have every opportunity.

Over the weekend our Year 9 students enjoyed their second Bronze walk. Thank you to Ms Katrina Jenns for once again organising a fabulous hike and our teacher supervisors Ms Ramsay, Ms Jayanthi, Mr Pitt, Ms Billing and Ms Kong.



Year 9 Bronze walk

Mr Pitt wrote me a beautiful email about our students which I will share below:

Dear Megan,

I am writing to let you know what a delight it was to accompany the year 9 students and their teachers on their hike from Hornsby to Berowra at the weekend.

The success of the hike was firmly grounded in Katrina's excellent organisation. The students were well informed about the details of the hike and what to bring as well as how to conduct themselves on the hike. Development of positive qualities in students, such as self-sufficiency and teamwork do not happen by accident. Katrina's work in fostering students' positive attributes before and during the hike were clearly evident. The teachers assisting with the hike were well prepared and provided with comprehensive notes, allowing them to independently guide the small groups under their supervision on the hike. That fine balance, evident in experienced and competent teachers, between clear, authoritative instructions and a joie de vivre was apparent throughout the expedition.

... written by Mr Greg Pitt



Year 9 Bronze walk

During the holidays a number of James Ruse students competed in the Bankstown Poetry Slam. Matthew Ku was assisting in the judging and Sally Sun earned 2nd place. Congratulations to all our talented students and thank you to Ms Romic who constantly supports our teams and attends the poetry slams to supervise them.



Poetry Slam Finalists



Mr Wong, our school counsellor is running our Resourceful Adolescent Program for parents. This is a fabulous program to help parents support their children through what are often difficult teenage years. A number of years ago we ran this program for parents and it was considered highly successful - please consider bringing a friend and doing this great course.

RESOURCEFUL ADOLESCENT PROGRAM - FOR PARENTS (RAP-P)

WHEN:

Week 6 20/11/18 Tue from 9:30 to 11:30 a.m.

Week 7 27/11/18 Tue from 9:30 to 11:30 a.m.

Week 8 7/12/2018 Fri from 9:30 to 11:30 a.m.

WHERE: in the Conference Room, Barrengarry House (The Admin Block) (upstairs), James Ruse.

On Monday 3rd December we will share and celebrate our End of Year concert at The Concourse @ Chatswood. This event is the highlight of our Musical calendar.

S A V E the D A T E
End of Year Concert
Monday 3rd December 2018
The Concourse, Chatswood
6:30 - 9:00pm

Coming Events

Week 4A

Wednesday November 7th

Thursday November 8th

Friday November 9th

Year 8 and 10 Exams

HSC Continues

Year 9 and 11 Meet the Music

Year 12 Sign Out Day 1

Year 11 Biology Excursion to UNSW Museum of Disease and Genetics

Year 12 Sign Out Day 2

Week 5B

Monday 12th November

Tuesday 13th November

Year 7 and 9 Exams

Meet and Greet Interviews for Year 7 2019

Year 12 Formal

Year 12 Sign Out Day

Year 10 Urban Challenge Briefing

Have a wonderful week.

Megan Connors

PE News

Table Tennis National Championships

Martin Zhang made the NSW table tennis team and finished 7th in the team event at the National Championships

International Taekwondo Federation World Cup

Nan Wu attended the International Taekwondo Federation World Cup and finished 4th.



Martin Zhang

Well done Martin & Nan.

Peter Low

Sport & Carnival Organiser

Maths News

Maths Olympiad school

Congratulation to the following students who received a place in the AMOC School of excellence to be held in Melbourne from 22nd November to 1st December.

Senior: Yasiru Jayasooriya

Intermediate: Eva Ge, Jason Leung, Emilie Wu

Junior: Aaron Hu

AIMO results

Our thanks to Michael Sun and Yasiru Jayasooriya who have worked throughout the year with our students on the skills needed to solve the AIMO competitions problems.

The results have arrived.

Prize and full marks: Yasiru Jayasooriya (10) and Jason Leung (10)

Prize: Aaron Hu (8) Samuel Lam (10) Haibing Wang (9)

High Distinctions

Yr. 10 Vivian Wang , Eric Huang, Richard Huang, Alexander Phan, , Anthony Hwang, Carl Cai, Anagha Kanive-Hariharan, Joshua Salama, Harrison Hu, Abhinayeni Kuhasri, Andrew Li, Selina Ma

Yr. 9: Jason Liu, Natalie Le, Eva Ge, Iris Fan, Han Lin

Yr8: Kevin Zheng, Michael Chen, Jeffrey Lu, Eric Park

Yr7: Leo Li, Jerry Li, Mitchell Li

Heather Weber

Head Teacher Mathematics

Science Update

The **STANSW Young Scientist** Presentation evening was held at the University of Wollongong on Wednesday 31st October.

Ms Mona Bedwany, Ms Daisy Kong, Ms Madhu Jeyanthi and I attended the presentation evening to support students and parents.

Students at our school were awarded the following prizes:

Vincent Ng - Chemistry Years 7/8 3rd place

Frances Kan - Earth and Environmental Science Years 7/8 2nd place

Yi Wei Yang - Physics Years 7/8 2nd place

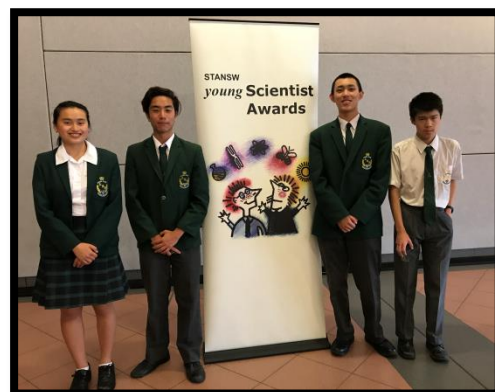
Paul Kim - Physics Years 11/12 3rd place

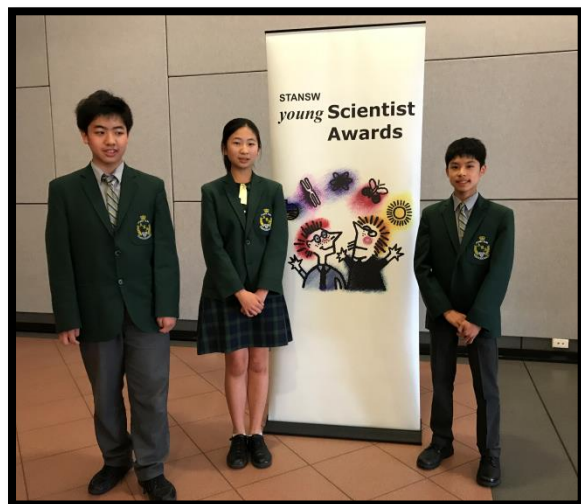
Wallace Luong - AARNet Communications Award Secondary

Bruce Chen - Western Sydney University Science Award

Bob Chen - Rowe Scientific Depth Study Award - Silver

Sabrina Mock - Rowe Scientific Depth Study Award - Bronze





Eddie Woo gave the keynote address, speaking about *"The Importance of Asking Questions"*.

Ms S. Fernandez
Teacher Science



Australian Science Olympiad

Outstanding achievement in the 2018 Australian Science Olympiad Exams

In August this year over 6,000 students registered for the Australian Science Olympiad Exams in Biology, Chemistry, Earth & Environmental Science and Physics.

Based on their outstanding performance the following students will be attending the **2019 Australian Science Olympiads Summer School**.

Helen Han	- Biology
Russell He	- Biology
Manvek Jawanda	- Biology
Eagan Jiang	- Chemistry
Richard Huang	- Chemistry
Rishabh Avdhesh Singh	- Chemistry
Nikki Nguyen	- Chemistry
David Lee	- Chemistry
Sariena Ye	- Chemistry
Emilie Wu	- Chemistry

Alexander Phan - Chemistry
 Emilie Wu - Chemistry
 Sharon Thio - Earth & Environmental Science
 David Kim - Earth & Environmental Science
 Edwin Xu - Earth & Environmental Science
 Michihiko Killalea - Earth & Environmental Science
 Ella Huang - Physics
 Min-Je Hwang - Physics
 Andrew Li - Physics
 Ian Wang - Physics

This intensive and elite residential program held at the Australian National University during the January school holidays is an opportunity for talented students to work with others who are passionate about science.

The top 17 students from summer school will then be selected to represent Australia at the International Science Olympiads in Biology, Chemistry, Earth & Environmental Science and Physics.

Please find below the dates for the **2019 Australian Science Olympiad Exams.**

Chemistry	7 August 2019
Earth & Environmental Science	9 August 2019
Biology	12 August 2019
Physics	14 August 2019

Congratulations to all the students on this wonderful achievement and also to the teachers who supported these students in making this happen.

Ms M Bedwany
Relieving Head Teacher
Science

Music Update

End of Year School Concert - The Highlight of the James Ruse Musical Calender

End of Year School Concert
Monday
3rd December 2018
The Concourse, Chatswood

Our fantastic James Ruse bands along with our very talented Elective music students will be performing on the night. The wonderful Year 7 Choir will also be performing for the first time!

Tickets are \$20 and are now available on Tuesdays, Wednesday & Thursdays from the Accounts office.

Please see MRS ELTON.



School Counsellor Update

RESOURCEFUL ADOLESCENT PROGRAM - FOR PARENTS (RAP-P)

WHEN:

Week 6 20/11/18 Tue from 9:30 to 11:30 a.m.

Week 7 27/11/18 Tue from 9:30 to 11:30 a.m.

Week 8 7/12/2018 Fri from 9:30 to 11:30 a.m.

WHERE:

At the Conference Room, Barrengarry House (The Admin Block) (upstairs), James Ruse.

The RAP-P will help you to assist your child to bridge the gap from primary school and childhood to secondary school and adolescence.

RAP-P is for parents of adolescents and the program invites parents to meet, share suggestions and develop positive strategies for enjoying these transition years with your adolescents. Over the three sessions we will cover the following topics:

- **Parents are people too:**

We identify our strengths and ways to manage our stress

- **What makes our Teenagers Tick:**

We learn to understand teenage dilemmas and help teenage development.

- **Positive Family Relationships:**

We learn how to prevent and manage conflict.

Outcomes of the RAP-P

Parents will:

- Learn how to continue to assist their child in the transition to secondary school
- Develop confidence in their parenting skills
- Learn how to manage their stress
- Explore ways to improve the self-esteem of their teenagers
- Learn how to balance their child's needs for both independence and security
- Practise how to prevent and manage conflict with their teenager

If you are interested, please complete the form below and return the form and the \$15.00 (booklet for the workshop) to the accounts office on or before 9/11/2018.

Thank you in advance for your interest in the RAP-P workshop.

Gabriel Wong
School Counsellor

FORM TO BE RETURNED

My name is _____, and my son/daughter is in Yr _____

I will be attending the Resourceful Adolescent Program - for Parents

Signature: _____ Date: _____

Email: _____ (PLEASE PRINT)

Prefect Update (Week 3)

Hey Ruse! After a one week break, the prefects are back to bring you another update of what's happening in Prefects as well as our school as a whole.

HSC Exams and upcoming yearlies

Our (former) Year 12s are coming to the end of their HSC journey!

We wish them the best of luck in the rest of the exams (the whole school is behind you!) and hope that they have lots of fun with friends and family after they are done and dusted with the HSC.

The yearly exams for our junior grades are coming close and closer! To the juniors, good luck, study hard, relax and stay healthy!

Our amazing Ruse publications released their study guide just yesterday and it's filled with fun and insightful tips on how to achieve the best results possible while staying happy and healthy. We thank them for all the work they have done to increase the wellbeing of the school.

CoJR Annual General Meeting

Last week, the CoJR held their Annual General Meeting after school. Our vice captains (that's us!) spoke about the school community and provided a recap of term 3. Ms Weber spoke to the parents about the new maths syllabus being introduced in 2019.

Congratulations to those parents elected into the executive positions within the organisation and we wish you the best of luck in future projects (such as the renovation of our school laboratories!)

Mental Health Awareness Day

We've decided to hold a brand new event to lift spirits after the junior exams and before our senior exams! In Week 6, Ruse will have its very first Mental Health Awareness Day which will be a day filled with fun activities such as:

- Making friendship bracelets
- Meditation
- Painting

Keep a look out over the next two weeks on our Facebook & Instagram pages for more information about this event.

Chrusemas

As always, Chrusemas is being kept under tight wraps, so we can't tell you much!

Hint: You can expect merchandise, reindeers and heaps of fun!

Prefect News

In Week 1, we showcased all the highlights of our 3 on 3 soccer tournament in Prefect News #2 (which is now up on YouTube and Facebook so go check that out!)

With another assembly coming up in Week 6, Prefect News #3 is on its way!

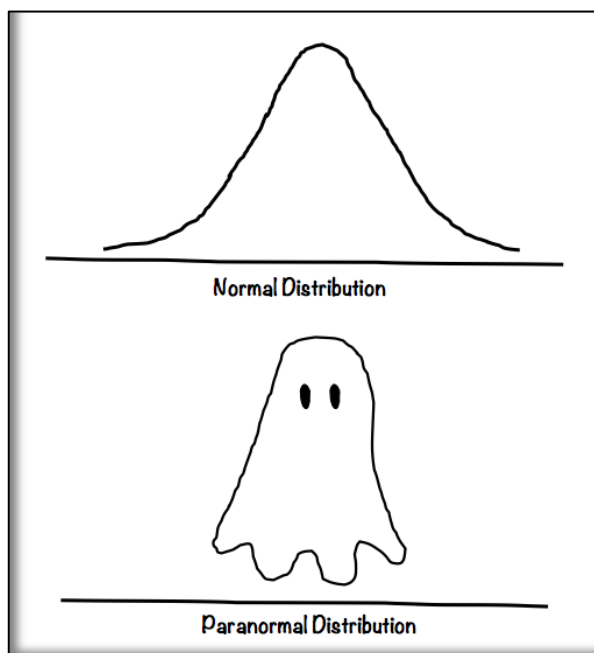
With Chrusemas, Mental Health Awareness Day, the Colour Run and a big mystery to solve, we promise the next instalment of Prefect News will blow you away.



To lighten up your day and in the spirit of Halloween, here's a spooky maths joke for you!

Until next time,

Your Prefects '18-'19



CoJR & P&C Update

COoJR P&C



Next CoJR P&C Meeting Is Combined With Mothers' Club

When: Thursday November 22 at 9:45am

Where: to be confirmed

Our next CoJR P&C meeting is a combined meeting with the Mothers' Club. Please join us at this meeting as this will be an excellent opportunity to meet both CoJR P&C and Mothers' Club committee members at the same venue at the same time.

We will also be incorporating Ms Connors' Farewell Party in this meeting. Please join us to farewell Ms Connors in person as we wish her every success as she takes up her new position in 2019.

Annual School's Parent Volunteers' Morning Tea

When: Wednesday November 28 at 9:30am

Where: Staff Common Room

All parents who have helped in any way to the School are invited to come. This will be another opportunity to personally farewell Ms Connors before she leaves.

2018 NSW Curriculum Review - Have Your Say

www.nswcurriculumreview.nesa.nsw.edu.au

The NSW school curriculum is under review. Consultation period is between Sept 3 - Nov 30.

As a united front, we ask the Community of James Ruse to actively take this opportunity to voice our views to NESA - specifically supporting the benefits our students are having by being in a co-educational selective school environment. Submitting as many specific and personal examples of the co-educational selective school experience will help NESA understand how much a selective school education is still a valuable and relevant educational pathway for future gifted and talented children and needs to continue in the NSW Curriculum and National Curriculum.

Quick feedback link: <https://bit.ly/2Q5S0g6>

Online Submission link: <https://bit.ly/2M61Dbj>

Yvonne Lo

President, CoJR P&C

E: cojr12@gmail.com